



REVISIT SIMPLE.

LAUNDRY BY MOTHER NATURE

SOAP NUTS fall from the Soapberry tree (*Sapindus mukorossi*) found in Northern India and Nepal. The outer shells of these dried fruit berries contain saponin, which creates soap when agitated in water. They effectively clean, soften and remove odors from your laundry!

SOAP NUTS ARE:

- Eco-Friendly: sustainable and biodegradable
- Economical: less expensive than other detergents
- Antimicrobial & Antifungal: super for grey water & septic systems
- USDA Certified Organic - no nasty chemicals

PERFECT FOR:

- Sensitive skin - allergies, eczema & psoriasis
- Stinky odors - cloth diapers & sweaty workout clothes
- Delicates - silks & wool
- Top & Front loading (High Efficiency) machines



SOAP NUT FAQ'S

What are the dangers of conventional laundry products?

Most of your common laundry detergents use harsh chemicals to "clean" your clothes which pose serious health and environmental issues. When these chemicals are left behind on your clothes, they are absorbed by your skin and can contribute to health issues including; rashes, eczema, psoriasis, allergies and even cancer. They add to your toxic "body burden", or the chemicals present in your body at any given time.

What are some of the chemicals used in most laundry detergents?

Phosphates, which are used to soften water (lead to suffocation of aquatic plants and animals), ammonia (eye, throat and nose irritant but especially dangerous when combined with chlorine which produces an extremely toxic chlorine gas), NTA's (Nitrilotriacetic Acid - cancer causing substance), phenol - also known as carbolic acid is flammable, corrosive and very toxic, optical brighteners, artificial fragrances/perfumes (phthalates- hormone disruptors & neurotoxins), and EDTA (Ethylenediaminetetra acetate - a skin and mucous membrane irritant that leads to allergies, asthma and skin rashes)

Is it true that your skin is the largest organ of your body?

Yes. It covers around 3000 square inches of your body and absorbs approximately 60% of what is applied to it (directly into your bloodstream). Your clothes lay on your body all day long. Therefore, the chemicals in your clothes are directly absorbed into your skin. Many experience horrible skin conditions and reactions that are caused by the laundry detergents, fabric softeners and dryer sheets they use.



Are YORE SOAP NUTS USDA Certified Organic?

They are organic because they contain no pesticides, fungicides or herbicides. Our supplier recently received their USDA certificate by the NOP (National Organics Program) so our next batch of soap nuts will have the USDA seal on them!

Do SOAP NUTS contain any chemicals or are they treated with anything?

No. Our SOAP NUTS are not treated with anything and they contain zero chemicals. Just 100% Mother Nature!

Do SOAP NUTS have a scent?

Yes. They have a mild vinegar scent. However, when your clothes are dry, they smell fresh like they were hung out on the line all day - no vinegar or unpleasant scent whatsoever!

Will the SOAP NUTS remove all of the stains in my clothes?

No. As with any laundry detergent, you will want to pre-spot the tough stains in your clothes with YOREGANICS stain remover - for blood, chocolate, oil based stains like mayonnaise, salad dressings and more. Also try soaking your items in our Brightens & Whitens formula for set-in stains!

Are SOAP NUTS good for those with extra sensitive skin or those with allergies/eczema/psoriasis?

Yes. They are the perfect answer for those with these issues. There aren't any other soaps on the market that fall straight from Mother Nature's Tree.

Will SOAP NUTS work in my high efficiency (HE) front loading wash machine?

Yes. Actually, your high efficiency machines love soap nuts because they are low sudsing! They are also great for top loaders as well.

If I am allergic to nuts, do I have to stay away from these?

No. SOAP NUTS are not actually nuts, but rather dried fruit berries. However, if you are a highly allergic person, it is always best to test products first because everyone is different.

In COLD/WARM WATER, do they create suds?

Yes. SOAP NUTS create suds when agitated in any temperature water. However, the warmer the water, the more saponin will be released. Some clients say they have great luck either washing in warm water, with a cold rinse cycle. Others experience clean clothes in a cold wash and rinse. Whatever works best for you is the answer! If you want to release extra suds before a cold water wash/rinse, you may place the bag of soap nuts in a jar of warm/hot water first for a couple minutes, shake and then pour everything in the wash.

In HOT WATER, will I still get 4-6 loads of laundry?

No. Hot water will release the saponin quicker therefore reducing the amount of total loads per bag. An average of 2-3 loads may be possible. Try the shake test! Try using 2-3 soap nuts vs. 5 for hot loads.

Will hard or soft water make a difference in how many loads I will get per bag?

Yes. You will see a greater number of uses when you have soft water vs hard water. Maybe 5-6+ loads for soft vs. 4-5 for hard water.

When is it time to switch out the SOAP NUTS?

After approximately 4-6 loads, depending on how you have used them (hot/cold water or hard/soft water), it is time to replace your soap nuts. They will become thin and mushy and the inside of the shell will lose its shine or saponin. Try the "shake test" if you aren't sure!

What is the “Shake Test”?

We came up with this term so you can see how the saponin is released from the soap nuts yourself. Place a couple of soap nuts in a cup or jar with water (cold, warm or hot) and shake. If they create suds, you can still use them for another load. It's that easy. You can also test the cold/warm/hot water creation of “suds” this way!

How do I dispose of the SOAP NUTS when they no longer contain their saponin?

SOAP NUTS are 100% biodegradable so you can compost them if you'd like.

Are SOAP NUTS anti-fungal and anti-microbial?

Yes.

Are SOAP NUTS good for a grey water/septic system?

Yes, since they are anti-fungal and anti-microbial, they are great for your system.

Do I remove the SOAP NUT bag during the rinse cycle?

No, keep it in for the whole load. It will add extra softness to your laundry.

What if I have a lot of dirt soiled clothes to wash?

For extra dirty clothes, don't overpack your machine with clothes. You may add another soap nut to add a little more soap power if you want.

Do I remove the SOAP NUTS before putting clothes into the dryer?

Yes. Remember that heat can make the nuts sticky.

I'm having a hard time keeping track of the little wash bag after the wash is done. What can I do?

Some customers like to put their little wash bag in a mesh zipper bag or anything like a long nylon or sock so they can spot it easier (to remove the bag) before placing their clothes go into the dryer.

Do SOAP NUTS have natural preservatives in them?

No. SOAP NUTS do not have any preservatives in them. After they are used in your wash, do not leave them soaking in any water for longer than a couple of hours.

Are there different varieties of SOAP NUTS?

Yes. The Sapindus Mukorossi and the Sapindus Trifoliatus both bear fruit berries (soap nuts). However, the Sapindus Mukorossi variety has larger and brighter colored berries that contain the highest amount of saponin. That is why they are viewed as the highest quality. This is the type we sell.

What history do SOAP NUTS have in Ayurvedic medicine?

YOREGANICS promotes SOAP NUTS for cleaning purposes only, not eating or anything else. With that being said, they have been used medically in Ayurvedic medicine (ancient alternative medicine which originated in India) as an emetic (to induce vomiting), and for the treatment of psoriasis and eczema.

Are soap nuts TOXIC?

No, they are non-toxic. However, if ingested, they may induce vomiting because they are an emetic.

How big does the tree get and how often will it produce SOAP NUTS?

The soap nut trees are shrubs in the Maple family. They can get up to 75 feet tall and up to 16 feet wide. They start producing fruit after the first 9 years and can live for approximately 90 years.

DIRECTIONS:

Pre-treat stubborn stains. Use YOREGANICS stain remover.

Place 5 soap nuts in the small reusable bag provided, tie it closed, and toss it into the drum of your washing machine before adding clothes.

Use this bag for 4-6* loads of laundry.

*Hot water will release more saponin, thus reducing the total number of loads possible per bag.

Replace the soap nuts when they become thin. If you're not sure, place them in a jar with water and shake them to see if they still create suds! If so, use them again. Remove bag and set aside for your next load before placing clothes in dryer.

TESTIMONIALS**Mother of toddler with eczema**

I went cold turkey on the chemicals for the laundry all at once and used only your products (soap nuts, brightens and whitens and stain remover) and in less than 2 weeks my 20 month old has no eczema at all. His body was covered in red, unsightly bumps pretty much his whole life until 2 weeks ago. As for the stain remover, i have used it on everything but i made a tenderloin on my rotisserie for Christmas and my white shirt got covered in blood. I didn't notice it for a couple of days when I did laundry. I sprayed it and put it directly in the machine and it came out perfectly clean.

Michelle from Chicago, IL

Busy Mom on Cloth Diapers

I'm used to washing my diapers in "Free & Clear" or "Green" detergents because I thought that was the best you could buy - no fragrances, no dyes and I THOUGHT no chemicals! Well, it turns out that a lot of the companies out there still contain chemicals and optical brighteners that are still harmful to my baby's skin. They just don't list all of the ingredients on their labels.

So, when I was given a sample bag of soap nuts, I was excited to give them a try. I have to say that I will NEVER go back to anything else for my diapers and our clothes. They remove odors and come out fresh and clean. They are AMAZING and I am hooked - wish I would've discovered them sooner!

Jessica from Joliet, IL

Husband with sensitive skin

My husband has very sensitive skin so I have to be real careful on what I use to wash his laundry. I've tried baby detergent and scent free and although they help, nothing works like Yoreganics soap nuts. Since they are 100% natural, his skin does not break out like it used to. He feels a huge difference and is very happy I finally found something that works. We also use your foaming wash and I just purchased the stain remover. Actually, it may sound funny, but I enjoy doing laundry now. I feel like I'm living back in the day when everything was natural. Thank you Yoreganics!

Joanie from Bolingbrook, IL

Love the BRIGHTENS & WHITENS!

I tried the Brightens and Whitens on the kids socks and two of my white t-shirts! I loved it! It does exactly what the name says it does. I put my shirts and socks next to a load I had done prior to compare and you could really see the difference. I soaked the group overnight in a bucket and threw it in the wash the next morning. Super easy and had great results. I can't wait to use the stain spray next! Thanks Kim!

Stacy from Plainfield, IL

The Skeptic D.O.

I am VERY particular with my cleaning products and I am not one to sacrifice clean for going green. I never had any major issues with laundry detergents until I switched to a sale brand one week. My baby broke out in a horrible rash for three days, from her neck down to her poor little toes. It started to make me really think - could there possibly be harmful ingredients in laundry detergents?

So, I thought I'd give the soap nuts a try - what did I have to lose?

Unfortunately, I didn't notice any difference with my laundry at all. I contacted the owner, Kim, and I told her what I had experienced. I was certain that she wasn't going to like this report, however she seemed very pleased with my answer. She stated, "This is the point. You will notice they clean and remove odors just like your synthetic chemical cleaners, but MINUS all of the nasty toxic ingredients that are bad for your family's health and our environment!"

I'm not sure if I was expecting to open my washing machine and have a big green tree jump out at me, but then I realized that she's right. My clothes were still getting clean and removing odors. Pretty crazy from some nuts off of a tree!

So, there is my professional review. Cleaning without chemicals - a new concept for me and now for my family.

Dr. Kerry D.O. from Peoria, IL